



Spectrum



RI District 3291

January 13, 2024

PRESIDENT KUSUM CHAMARIA

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SECRETARY DR CHITRA RAY

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“Matri Raksha”: Health Checkup. Anemia & BMD Screening Camp held on January 6, 2024 at Rani Birla Girl’s College



The 36th “Matri Raksha”, Anemia screening and treatment camp for women inclusive of general Health Checkup & BMD Screening held by the Rotary Club of Salt Lake Metropolitan Kolkata in association with Kolkata Menopause Society on January 6, 2024 at Rani Birla Girl’s College, Kolkata 700017.



Total 164 women were screened and categorized on the basis of their measured values of Hemoglobin, Blood pressure and blood glucose obtained and recorded by trained technical team from ILS Hospital, namely, Subhranil, Abhishek, Piu & Alok.



Each patient was checked by Dr. Shabana Roze Chowdhury and Dr. Nirmala Pipara and given free iron for 2 to 6 months to anemic patients with deworming and calcium medicines.

IMPACT OF THE CAMP

TOTAL PATIENTS	164 nos.
ANAEMIC DETECTED	100 nos. (61%)
DIABETIC DETECTED	1 no.
BMD SCREENING	53 nos.



Each woman was explained about the necessity nutrition and balanced diet and given nutritional booklet by the doctors.



According to camp analysis, 100 (61%) had haemoglobin level below 12 mg. /dl and 66 (40.2%) had severe anaemia (<10 mg.). Only one patient detected as diabetic (236 mg.). Bone Density Test was done for osteoporosis patients.



We meet calendar months' 2nd & 4th Saturdays at GPT Group, JC 25, Salt Lake, Kolkata 700098 at 6.00 PM

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Matri Raksha, fighting Anemia camp and Cervical & Breast Cancer Awareness held on January 7, 2024 at Baidyabati, Hooghly



District Project “Matri Raksha”– Fighting Anemia (37th Camp) and Cervical & Breast Cancer Awareness cum Screening camp was organized by Rotary Club of Salt Lake Metropolitan Kolkata and Rotary Club of Serampore in association with Chittaranjan Cancer Hospital on January 7, 2024 at Chowmatha Sporting Club, Badiyabti, Hooghly.



Total 108 women got themselves registered. Dr. Debasmita Mukhopadhyay and Dr. Tripti Mukherjee gave awareness talk to assembled women on Anemia and Cervical & Breast Cancer Awareness.



Out of total patients, 50 women were screened their Hb% level for Anemia, High BP and Sugar by our team from ILS Hospital comprising of Abhnaba, Somnath, Somdutta, Sharmila, Alok and Sister.

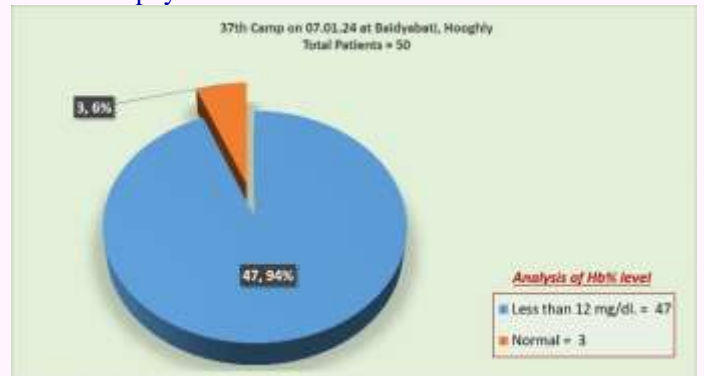


Each patient was checked for anemia by Dr. Debasmita Mukhopadhyay and Dr. Tripti Mukherjee, both from ILS Hospital, who prescribed free iron tablets for 3 to 6 months, deworming and calcium medicine as prescribed along with nutritional booklets.

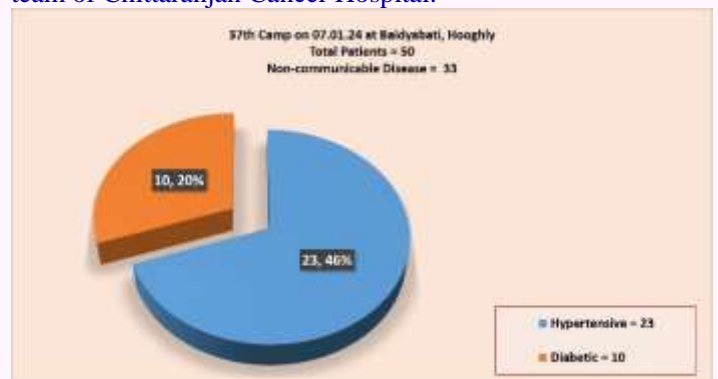
IMPACT OF THE 37TH MATRI RAKSHA CAMP

Total patients: 108 women		Breakup of Anemia & Non-Communicable Diseases	
Anemia Screening	50 no	Anemia detected	47 no (94%)
Cervical Cancer Screening	48 no	Hypertension detected	23 no (46%)
Mammography	13 no	Diabetes Detected	10 no (20%)

According to camp analysis, 47 (94%) had hemoglobin level below 12 gm/dl and 28 (56%) had severe anemia (<10 gm/dl). Around 10 patients (10.7%) were suffering from Diabetes (DM), 23 patients (46%) were Hypertensive (HTN) and referred to physician.



Cervical cancer screening & Mammography were done by the team of Chittaranjan Cancer Hospital.



Rotary History and Anecdotes

Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – *across the globe, in our communities, and in ourselves.*

Rotary International is a global service organization whose stated human rights purpose is to bring together business and professional leaders in order to *provide humanitarian services, encourage high ethical standards in all vocations, and to advance goodwill and peace around the world.*

Over last 118 years, Rotary, like other surviving institutions, has changed itself to remain inclusive and contemporary *without compromising its dynamism and relevance.*

In this section, the editorial team of Spectrum, so far, has touched upon and shared the following anecdotes of Rotary during the current Rotary year:

- *History of Women in Rotary in the July 7, 2023 issue*
- *History of the 4 Way test in the July 15, 2023 issue*
- *Rotary's two official mottos in the July 22, 2023 issue*
- *Rotary's Work Commemorated in Stamps in July 29, 2023 issue*
- *Rotary and the United Nations in September 9, 2023 issue*
- *Why Rotary year begins 1 July in September 16, 2023 issue*
- *Rotary & Polio – World's largest global public health initiative in the history in September 23, 2023 issue*
- *Rotary Themes in September 30, 2023 issue*
- *Rotary partners in October 7, 2023 issue*
- *Interact as Rotary's service club program in October 14, 2023 issue*
- *Rotary Peace Program in October 21, 2023 issue*
- *Rotary Youth Exchange in October 28, 2023 issue*
- *The Rotary Foundation in November 4, 2023 issue*
- *Rotary's Commitment to Diversity, Equity, and Inclusion in November 11, 2023 issue*
- *Rotary's Timeline: Founding Years (1905 to 1911) in November 18, 2023 issue*
- *Rotary's Timeline: Expanding our Reach (1912-1930) in November 25, 2023 issue*
- *Rotary's Timeline: Cultivating Leaders (1931-1957) and Global Service (1958-1984) to be continued in December 2, 2023 issue*
- *Rotary's Timeline: Global Service (1958-1984): continued from previous issue and Bold Goals (1985-2004) in December 9, 2023 issue*
- *Rotary's Timeline: Focusing Our Impact (2005-present) in December 16, 2023 issue*
- *New Rotary Foundation grant supports scaling proven malaria program in Zambia in December 23, 2023*
- *New Rotary Foundation grant supports scaling proven malaria program in Zambia concluded in December 30, 2023*
- *Rotary scholars and peace fellows put expertise into helping environment in January 6, 2024*

THE COUNCIL ON LEGISLATION

The Council on Legislation (COL) is Rotary's governing body that meets every three years to debate and vote on proposed enactments and resolutions. The COL has the authority to amend Rotary International's constitutional documents.

The COL considers two types of legislation:

- **Enactments:** These seek changes to Rotary International's constitutional documents.
- **Position statements:** These are proposed by the RI Board. Each district sends one representative to the COL, and any club and district may propose enactments. The district representative must be a Past District Governor.

The Council was created by the 1933 convention to serve as an “advisory body” to assist with the review of enactments and resolutions proposed at the annual convention. It first convened as part of the 1934 convention, as Rotarians struggled with a worldwide recession, threats to world peace, and rising unemployment.

The Council on Legislation (COL), Rotary's “parliament,” meets every three years to deliberate and act upon all proposed enactments and resolutions submitted by clubs, district conferences, the General Council and Conference of Rotary International in Great Britain and Ireland, and the RI Board. The Council itself also makes proposals.

The Council on Legislation is an important part of Rotary's governance process. While the Board of Directors sets policies for Rotary International, the Council is where Rotary clubs have their say in the governance of the association. Every three years, each district sends a representative to the Council, which reviews proposed legislation. ***Every club and district is entitled to submit legislation to the Council, and some of Rotary's most important work has resulted from Council action.*** Women were admitted into Rotary because of the action of the 1989 Council on Legislation, and PolioPlus was born as the result of the 1986 Council.

The Council comprises more than 500 representatives from every part of the Rotary world. Voting members include one elected representative of the clubs of each Rotary district. Some nonvoting members include the chair and vice chair of the Council, the RI president, members of the RI Board, and past RI presidents. (source Rotary International)

Historic Moments — How the Council has evolved



Frank Mulholland, chair of the 1948 Council on Legislation, speaks during the International Convention in Rio de Janeiro. Rotary Images

Rotary International News — 22 April 2010

In the 76 years of its existence, the Council on Legislation has evolved from a single plenary session at the international convention to an autonomous legislative entity.

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By 1954, the Council was well established. At that year's convention, Rotarians decided to allow for longer intervals between legislative sessions and adopted a biennial framework for voting upon enactments and resolutions. The next deliberations were held at the 1956 convention.

The 1970 convention further modified Rotary International's legislative process when it decided that the Council should no longer serve in an advisory capacity, but instead become RI's official legislative body, considering proposals to amend the RI Constitution and Bylaws and the Standard Rotary Club Constitution. Four years later, delegates decided that the Council would meet triennially, still in conjunction with the convention. Finally, in 1977, the Council adopted an enactment to meet independently of the convention.



Delegates line up to speak during the 1989 Council on Legislation in Singapore. Rotary Images

Technological advances have also had a profound impact on the Council. In the 1970s, delegates sported large headphones to follow the proceedings in their own language. Today's delegates have access to compact simultaneous interpretation equipment. The use of a single interpreter has given way to multiple interpreters working out of booths on the side of the Council chambers. Electronic voting was introduced in 2001. Over the decades, the Council has debated and weighed virtually every nuance of RI policy and every detail of membership and attendance rules. While individual Rotarians may not always agree with its decisions, one thing is clear: The Council is Rotary's primary agent for change, allowing the organization to evaluate its relevance in today's rapidly evolving world, reflecting shifts in lifestyles, priorities, technology, and business.

Rotary History and Anecdotes to be continued...

RCSLMK members at UTKARSH, District Conference



Dr Aruna Tantia, panelist at District Conference Utkarsh held on January 6 & 7, 2024 at Taj Tal Kutir Convention Center, New Town, Kolkata



Beside club exhibit



As Keynote speaker



DG recognition as Keynote speaker

Club President Kusum, club Secretary Dr Chitra, PP Dr Aruna and Hon member Rtn Vernon Joy Bonerjee attended the conference with his spouse.



Members at the club meeting on January 13, 2024



PP Uma Shankar Agarwal on January 9, 2024
VP Indrakumar Bagri on January 10, 2024
Treasurer Ashok Kumar Surana on January 10, 2024
PP Dr Aruna Tantia on January 19, 2024



Spouse Deepayan & Rtn Amrita Chatterjee on Jan 16, 2024
Spouse Sushila & Rtn Ashok K Surana on January 19, 2024
Spouse Dr Nandita & PP Dr Ankush Bansal on Jan 28, 2024
Spouse Rahul & Rtn Meenal Chaudhary on Jan 29, 2024

January is Vocational Service Month